



BJA COAP Category 6 Quarterly Webinar November 29, 2018



COAP Comprehensive Opioid Abuse Program
Collaborative Training and Technical Assistance

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Tara Kunkel
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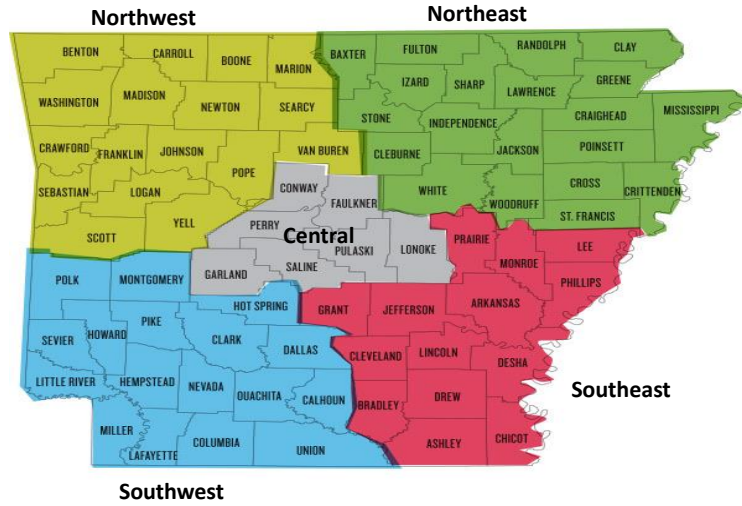
Select BJA Grant Project Updates

- Arkansas: Tafarra Haney
- Illinois: Sarah Ross
- Nebraska: Ashley Newmyer and Felicia Quintana-Zinn



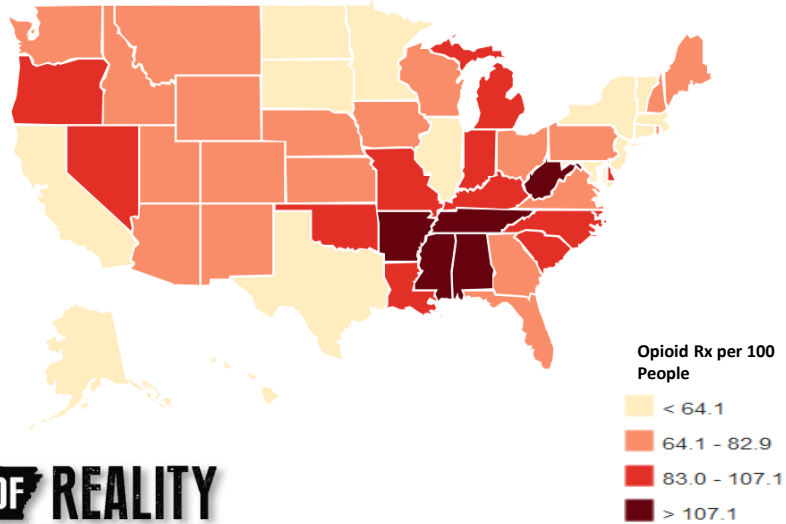
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PREVENT PRESCRIPTION PAINKILLER ABUSE IN ARKANSAS





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Arkansas #2 in Opioid Prescribing



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Arkansas Prescription Drug Monitoring Program

- Each time a CII opioid is prescribed
- Each time a CIII opioid is prescribed
- The first time a benzodiazepine is prescribed



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Top Prescription Drugs Dispensed – Arkansas* 2017

Drug	No. Rx	Qty.	Avg. per Rx
Hydrocodone**	1,521,564	94,033,249	61.8
Tramadol**	712,349	54,156,328	76.0
Alprazolam	631,709	39,355,560	62.3
Oxycodone**	588,911	43,597,818	74.0
Zolpidem	510,214	16,178,026	31.7

<https://www.healthy.arkansas.gov/programs-services/topics/prescription-monitoring-program>



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Prescription Drug Monitoring Program PDMP Prescriber Comparison Reports

- Quarterly Prescriber Comparison Reports for all prescribers in the state who have prescribed an opioid, showing how they compare to their specialty-based peers and other prescribers in the state
- The reports tells how many of your patients are receiving opioids and the number of prescriptions you have written and compares them to other providers within your specialty
- In Arkansas for July 2018, total 5,595 reports; for October 2018, total reports 6,753
- The law requiring these reports allows for Arkansas Medical Board review after a year of concerning prescribing behaviors



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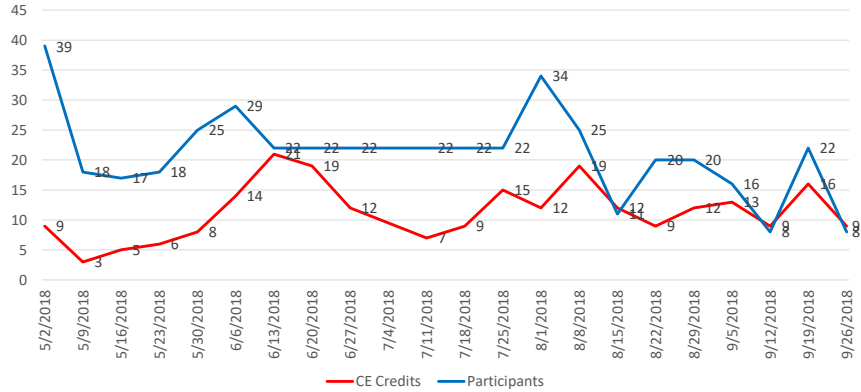


- Arkansas IMPACT: Multidisciplinary Pain Care and Treatment Program for Arkansas physicians to better manage chronic pain patients and those who need their opioid dosage reduced. This is a free weekly interactive televideo program offering free CME credit, broadcast every Wednesday, 12:00 Noon – 1:00 p.m., ET
- **To join us each Wednesday at Noon, follow the link on our website, www.arimpact.uams.edu**



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Participants and CE Credits Issued per Week for AR IMPACT



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CE Credit Summary

Total of 239 hours issued (308 if hours towards specific certifications are counted, such as ACPE, ANCC, etc.)

- MDs: 108 hours
- Pharm Ds: 52 hours
- APNs: 9 hours
- RNs: 22 hours
- Occupational therapists: 5 hours
- PAs: 4 hours
- Physical therapists: 18 hours
- Psychologist: 1 hour
- Toxicologist: 1 hour
- LCSW: 19 hours



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A Dose of Reality for Students, Parents, and Educators

How to help and avoid addiction to
prescription painkillers



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What Is DOSE OF REALITY?

- Preventative educational tool for ages 12–25 to help educate on the dangers of prescription painkillers
- What is prescription misuse, abuse, and addiction?
- What are the names of prescription painkillers?
- Arkansas facts and statistics on opioid overdose
- Signs and symptoms of addiction
- When to call 9-1-1
- Rescue overdose drug—naloxone
- How to dispose of medications
- Resources for treatment options



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The Arkansas Good Samaritan Law

- Good Samaritan Law provides immunity from arrest, charge, and prosecution for possession of a controlled substance for those who seek medical assistance for themselves or others who are overdosing⁹
- Collaborative effort with multiple agencies created the Don't Run. Call 911 campaign



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Opioid Overdose Reversal

- Arkansas Governor Hutchinson announced a standing order allowing Arkansas-licensed pharmacists to dispense naloxone to eligible persons who are at risk of experiencing an opioid-related overdose, or who are family members, friends, or others who are in a position to assist a person at risk of experiencing an opioid-related overdose

<https://www.narcan.com/>



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Other Resources



- Treatment Referral Helpline: (800) 662-HELP (4357) or TTY: (800) 487-4889
- Prescription for Life: A new digital course that empowers high school students with the skills and knowledge to make healthy decisions about prescription drugs, using an evidence-based, public health approach. Attorney General, ArkansasAG.gov
- Chasing the Dragon: A documentary produced by the Federal Bureau of Investigation and the Drug Enforcement Administration, which exposes the truth behind the opioid epidemic devastating communities in the state of Arkansas and across the United States, <https://www.youtube.com/watch?v=ubvXnz1xx8g>
- Saving a Generation: Local news Anchor THV11: Laura Monteverti, <https://www.thv11.com/saving-a-generation>
- Visit DoseOfReality.adh.Arkansas.gov for more information



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Always Remember



- NEVER share your opioid or narcotic painkillers
- LOCK up your prescription medications
- SAFELY dispose of unused or unwanted prescription painkillers at drug takeback events
- DO NOT flush or throw your medications in the trash



For more information about a prescription drug takeback location near you, visit ARtakeback.org



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DOSE OF REALITY Pre-/Post-Test

1. I believe taking someone’s else’s prescription painkillers is okay in some situations, like when I’m not able to see a doctor right away
2. Death due to misuse or abuse of prescription painkillers is a major problem in the United States
3. If I call 9-1-1 because of a drug overdose and the drugs are there when help arrives, I will be arrested
4. Prescription painkillers work better than nonprescription painkillers
5. Flushing or throwing away unused medications is a safe way to dispose of them



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DOSE OF REALITY Change of Attitude

Question	Mean Pre	Mean Post	Difference	p-value
1	1.92	1.46	-0.46	<0.0001
2	4.2	4.3	0.1	0.01
3	2.83	1.61	-1.22	<0.0001
4	3.07	2.59	-0.48	<0.0001
5	2.33	1.44	-0.89	<0.0001

All of these numbers are significant, meaning that the differences noted are real and not by chance



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Comprehensive Opioid Abuse Site-Based Program COAP

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Background

The Illinois Department of Public Health is one of the recipients of the Category 6 Data-Driven Responses to Opioid Misuse BJA grant. The Comprehensive Opioid Abuse Site-Based Program (COAP) is focused on enhancing monitoring and surveillance of opioid misuse and overdose and increasing engagement of state and local partners in prevention and treatment initiatives targeting high-risk, high-need populations statewide



COAP Reinforcement

- 48-hour reporting of ED visits
<http://dph.illinois.gov/opioids/48hr-hospitalod-report>
- State Health Improvement Plan (SHIP)
- Illinois Opioid Crisis Response Advisory Council

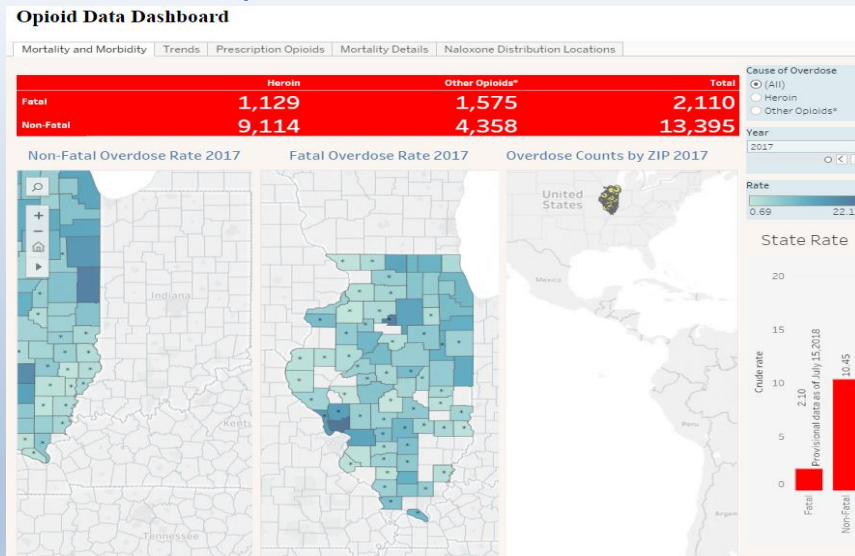


Implementation

1. Build an informatics infrastructure
 - The IDPH Opioid Hub & Data Dashboard includes five dashboards
 - Mortality and morbidity
 - Trend
 - Prescription
 - Mortality
 - Naloxone
 - <http://idph.illinois.gov/OpioidDataDashboard/>



Opioid Data Dashboard



Implementation

2. Data workgroup needs assessment
 - A data workgroup meeting was convened including cross-sector partners from the following organizations: criminal justice, behavioral health, drug seizure, public health, substance abuse, hospital, pharmacy, quality improvement, drug prevention, and recovery
 - A needs assessment was conducted among stakeholders to establish opioid-related data needs and capabilities



Implementation

3. Develop, execute, and evaluate a multipronged data dissemination and communication plan targeting a wide spectrum of stakeholders
 - Currently, we are in the process of developing the data dissemination and communication plan



Timeline

- Year 2 objectives
 - Identify best practices for data dissemination and communication
 - Promote data dissemination best practices
 - Inform planning and strategic action for opioid crisis response





THANK YOU

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DOJ BJA COAP-Category 6 Nebraska Update

November 29, 2018



Helping People Live Better Lives.

Nebraska COAP Cat. 6 Project Overview

1. Improve efficiency and timeliness of drug overdose surveillance data dissemination through development and implementation of a data dashboard
2. Improved death certificate data quality among drug overdose cases through toxicology project

Outcome

Efficient and improved targeting of drug overdose prevention efforts prevention efforts through timely information obtained by prevention and evaluation groups



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Nebraska COAP Cat. 6 Project Goals

1. Form a **multi-disciplinary action group** to advise on the development of public data dashboard
2. **Develop the data dashboard**—Data from vital records, hospital discharge, PDMP, and treatment services geographic information
3. **Increase number of toxicology trainings and reports** on suspected drug-related overdose fatalities to improve accuracy of information collected on fatal drug overdose cases



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Nebraska COAP Cat. 6 Goals - Progress

1. Multi-disciplinary action group

- i. **In process**—Interviewing for program coordinator position: the coordinator will contact, form and facilitate group and meetings

2. Develop the data dashboard

- i. **Complete**—Staging and production software licenses have been purchased
- ii. **Staging complete**—Set-up server, firewall and other IT security for the staging environment is complete. For the production (public facing) this will go-live after staging testing is complete
- iii. **In process**—Development of code for data dashboard and dataset linkage

3. Increase number of toxicology trainings and reports

- i. **In process**—Hiring program coordinator (from goal 1) to facilitate and build relationships with county attorneys, coroners, and pathologists around state
- ii. **In process**—13/93 counties have now signed up (2nd largest county represented as of April 2018)
 - a. 4 of the 5 high-burden areas have at least 1 county represented
 - b. Support of governor, attorney general, law enforcement and UNMC as well as many others
 - c. Collaborating with other programs that work with coroners/county attorneys (NeVDRS) to increase counties signed up



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Contact Information

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Grantee Discussion Forum



Thank You

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