Concurrent Session 3: Harm Reduction and Awareness Campaigns

Moderator: Melissa Heinen, Institute for Intergovernmental Research



- Thought to Action: Reigniting In-person Coalition Work and Overdose Spike Alert Response in the Post-COVID-19 Emergency Era
 - Speaker: Gregory Gallo, Dutchess County, New York
- Tackling a Crisis Through Collaboration: Addressing the Overdose Epidemic in Cobb County, Georgia
 - Speakers: Flynn Broady, Jr., and Daniel Spinney, Cobb County, Georgia





Thought to Action:

Reigniting In-person Coalition Work and Overdose Spike Alert Response in the Post-COVID-19 Emergency Era

Gregory Gallo, LCSW

Community Engagement & Prevention Coordinator

Dutchess County Department of Behavioral & Community Health

845-486-2790 / ggallo@dutchessny.gov



Site Information



- County: Dutchess
- City, state: Poughkeepsie, New York
- Year started: 2022
- Estimated number of overdose deaths per year: 118
- Size of jurisdiction: 297,545 (U.S Census Bureau)
- Funding sources: Dutchess County Department of Behavioral & Community Health





- Dutchess County Suicide & Overdose Fatality Review Committee
- Recommendation made January 2023
- "Promote in-person interagency collaboration and relationships that may have worsened during COVID-19"
- Implemented December 2023 via Overdose Spike Alert project

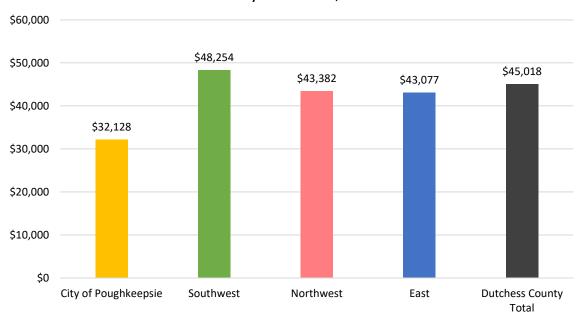


Dutchess County – Stats at a Glance

2022 Race Estimates	White NH	Black NH	Asian NH	Other NH	Hispanic
City of Poughkeepsie	38.7%	32.7%	1.5%	5.9%	21.2%
Southwest	68.3%	8.3%	4.5%	4.4%	14.6%
Northwest	81.0%	4.8%	2.3%	4.6%	7.4%
East	74.9%	6.3%	2.3%	3.5%	13.0%
Dutchess County Total	68.7%	10.0%	3.4%	4.5%	13.5%

	Below 100 percent of the poverty level
City of Poughkeepsie	18.4%
Southwest	6.1%
Northwest	9.0%
East	9.6%
Dutchess County Total	9.0%

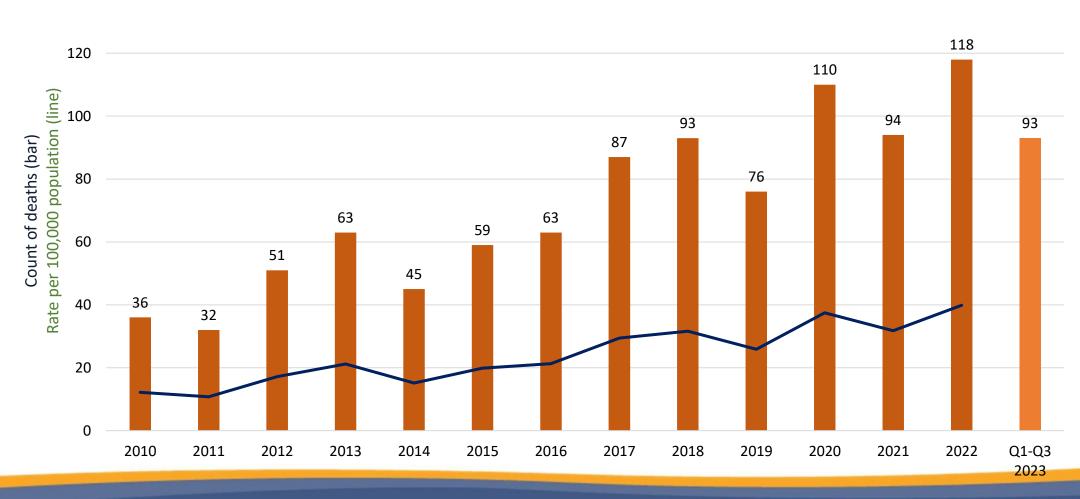
Median Individual Income by Region, Dutchess County, NY ACS 5yr Estimate, 2022



Population 2022 – 297,545 (U.S. Census)



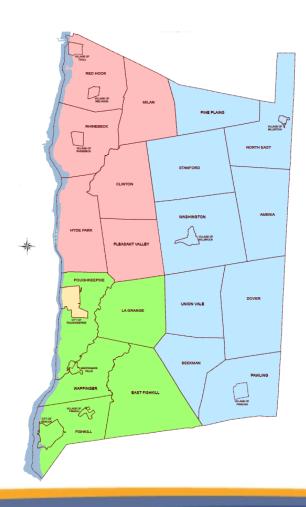
Accidental Overdose Fatalities, Dutchess County Examiner Investigations 2010 – Q3 2023



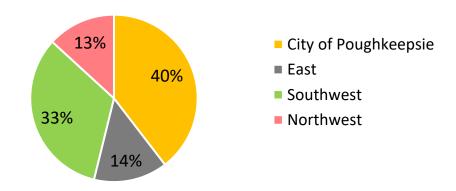


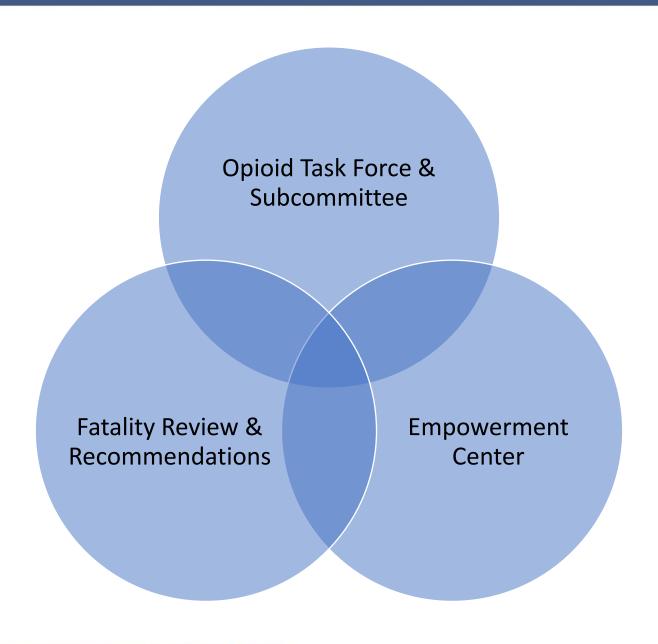
140

Overdose Locations



Volume of Accidental Overdose Deaths by Region,
Dutchess County Medical Examiner Investigations, Q1-Q3 2023
n=91





Dutchess County Opioid Task Force

 Cross-sectional, multi-stakeholder group focused on reducing the impact of substance use disorders among the population—It is also based on data collection: we use the data available to us to make decisions and always work to integrate the perspectives of the people whose lives have been directly impacted

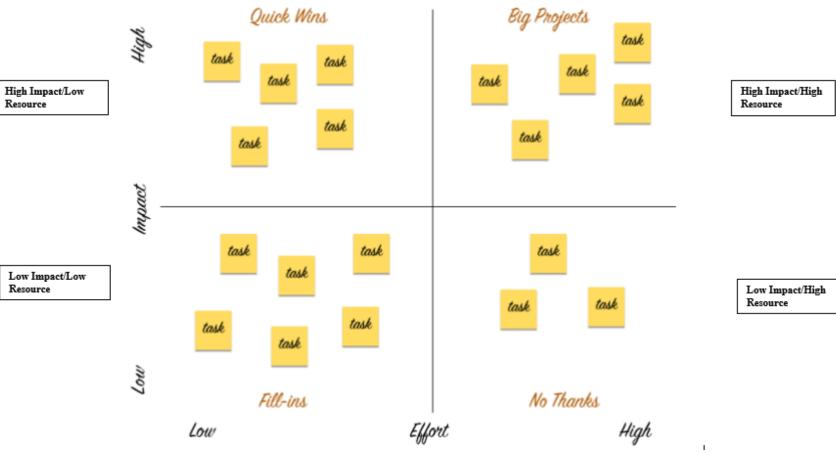
 Resiliency & Empowerment Subcommittee—Interagency collaboration, outreach, harm reduction, information gathering, project-based (OD Spike Alert Outreach, Survey)

Dutchess County Suicide & Overdose Fatality Review Committee

- Developed in 2022, first orientation meeting October 2022
- 2023: 3 meetings, January, April, & October/2024: 1 meeting so far
- Average attendance of 30
- Representation from Medical Examiners, Dept. of Behavioral & Community Health, Vassar College, District Attorney, Recovery Centers of America, Probation, Public Defender, Council of Addiction Prevention & Education, Taconic Resources, Arms Acres Rehab, Dept. of Community & Family Services, Mental Health America Veterans, Mental Health America Mobile Crisis, Dept. of Emergency Response, FR Church, Spoken Word Outreach Ministries, Hudson Valley Community Services, Dutchess County Jail, Family Services Inc.

& Overdose FatalityReview Committee

- Recommendations Subcommittee Impact Effort Matrix
- OD Spike Alert & Response, Outreach Spiritual Emotional Referral Program, Hudson Valley Clubhouse, DCJ MAT review, Narcan Leave Behind Kits, Recovery Coaches in the jail





Dutchess County Empowerment Center

- The mission of the Empowerment Center is to provide compassionate, respectful, and effective support, resources, services, and education to people living in any stage of self-defined recovery and their family and friends
- Specifically, the Empowerment Center Team provides:
- Wellness activities and groups
- Engaging, meaningful, side-by-side work
- Connection to resources such as health care, housing, benefits, and employment
- Recovery-oriented coaching to help individuals realize their own personal goals and fullest potential
- Harm reduction training and supply distribution



"Promote in-person interagency collaboration and relationships that may have worsened during COVID-19"

Fatality Review
Committee
Recommendation



Opioid Task Force
Subcommittee



Empowerment Center

Overdose Spike Alerts

Dutchess County has issued an overdose spike alert, meaning we have experienced an increase in overdose cases in a short period of time. Please click here to learn

more: Overdose Spike Alerts

(dutchessny.gov)





Overdose Spike Alert – Webpage Content

Top of page

Overdose Spike Alerts in Dutchess County

Dutchess County tracks data from New York State, 911 overdose surveillance and other sources to look for unexpected increases, or spikes, in drug overdoses. If we see a spike, we send out an alert to inform people who use drugs, service providers and concerned citizens of the spike.

Current Overdose Spike Alert

There is currently not a spike alert in Dutchess County.

To sign up for Overdose Spike Alerts text "ENDOD" to 55753.

Jean Marie Niebuhr

Deputy Commissioner, DCBH

4 845.486.2700

■ HealthInfo@DutchessNY.gov

Resources

Dutchess County HELPLINE

Dial 988 or text 845.485.9700

Empowerment Center

845.486.2893

230 North Road, Poughkeepsie (Map)

Stabilization Center

Open 24/7 at 230 North Road, Poughkeepsie (Map)

Middle of page

What can cause a spike?

A change in the local drug supply may cause a spike.

Destabilizing events in the drug supply such as changes in distribution patterns and new inclusions of especially dangerous contaminants, such as Fentanyl and Xylazine.

Who should sign up for Overdose Spike Alerts?

- · People who use drugs
- Friends and family of people who use drugs
- Service providers

What should you do if there is an overdose spike?

For people who use drugs:

- Test all drugs for Fentanyl and Xylazine before using.
- · Carry Narcan® (naloxone)
- · Get education and safer use supplies, including Fentanyl & Xylazine test strips and Narcan from our Empowerment Center
 - For people who use drugs and their friends and family, connect with a Recovery Coach by calling the Empowerment Center at 845 486
 2893 or send them an email at empowermentcenter@dutchessny.gov
- Avoid using street drugs alone; call Never Use Alone at (800) 484-3731
- Remember Dutchess County is here 24/7 with services such as our 988 Dutchess County HELPLINE available by dialing 9-8-8, texting 845-485-9700, or using our HELPLINE app and our Stabilization Center available for individuals with mental health and substance use needs.



Overdose Spike Alert – Webpage Content

Bottom of page

For everyone in our community:

- Recognize the signs of an overdose:
- Pale, sweaty or clammy skin
- Lips/fingertips turn blue
- · Slow or irregular breathing: gasping, gurgling, or snoring
- · Difficult or unable to wake
- Always call 911 if you suspect someone is overdosing
- Narcan training is available. Contact Lori Levine at 845.243.4428 or llevine@dutchessny.gov
- Contact Dutchess County's Empowerment Center for treatment and recovery resources: 845-486-2893 or empowermentcenter@dutchessny.gov

Resources for Service Providers

- Dutchess County offers Narcan Training for interested groups and organizations. Contact Lori Levine at 845-243-4428 or llevine@dutchessny.gov to schedule.
- New York State Opioid Overdose Prevention- Harm Reduction Saves lives
- Dutchess County HELPLINE APP. For resources and overdose spike information.
- Partnership to End Addiction Flyer (.pdf)



Overdose Spike Response Collaboration

- 12/06/2023 at the Empowerment Center, in person!
- Result of relationships built and sustained through OTF Subcommittee
- Meeting was first of its kind
- 22 people in attendance
- Empowerment Center, Mental Health America of Dutchess County Peer Services, Council on Addition Prevention & Education, Dutchess County Opioid Overdose Prevention Program, Law Enforcement Assisted Diversion, Dutchess County Dept. of Probation



Overdose Spike Response Collaboration

- Relationship- and teamwork-building exercises
- Inventory of capacity
- Information sharing
- Planning
- Agreements
- Sustainability





	Outreach Services	Email Address	Outreach Locations	Outreach Frequency	Number of outreach workers	OD Spike Outreach Locations		
		afarrell@myindependentliving.org	Poughkeepsie		N/A			
	SEP; Safer Use/Sex kits;			Van twice a				
	HIV/HCV;Narcan;FTS;clean-ups	csouthwell@hudsonvalleycs.orq		week;ad hoc	2 van; 4 total			<u> </u>
pordinator; Melissa Steinman;	Wound Care; Narcan; FTS; Med/MAT Linkage; Vaccines; Detera Bags	yramirez@sunriver.org	(Poughkeepsie), Monticello	ad-hoc	a lot, 4-5			
	Narcan Training; FTS; Wound Care Kits;Safer Use Kits; Connection to peer support	dfrancisco@dutchessny.gov; ggallo@dutchessny.gov	Hyde Park, Poughkeepsie (Mansion Square, PODS, Main St. Fire house, HOAM, Spoken Word Outreach Ministries, Vassar College, Marist College, DCC, Recovery House, FPC)	weekly	6-Jan	Poughkeepsie - Mansion Square Park, Garden Street, Main St. Firehouse		
Standar News to Appear to the	Section 1950 to 2000 to 600 to 600	fordutchess@gmail.com	City of Poughkeepsie, Dutchess County	paused	6			
Christina Goebel	Narcan, FTS	cqoebel@capedc.orq	Beacon, Wappingers, Fishkill, East Fishkill, DCC, Adelphi, Bard, FPC, Turning Point, Local Firehouses, HOAM,	weekly	3	Town of Poughkeepsie near the mall, Wappingers area, Marshalls Mall, East Fishkill Rec, Bowdoin Park		
	hot food;clothing;pantry		Poughkeepsie		-3		-	
im Green	W. C. Stev. D. See	stampsouth@hotmail.com	117-001	4x week	varies open to collaboration			/
		spokenwordouteach51@yahoo.com	Garden St., Poughkeepsie	11207.00.00.00.00.00	varies, open to collaboration	27 29		
	Connection to treatment and other resources	iball@mhadutchess.org. ibrown@mhadutchess.org	Recovey Houses, Turning Point, LCR	Daily	6	•MHA Community Residences (Bolger, Florence, Dowling), Housing Program,		
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Recovery House, EPC) Weeldy Garden Street, Main St. Firehouse Outreas Ministries, Vassar College, Marsio Cliege, DCC, Recovery House, EPC) Weeldy Garden Street, Main St. Firehouse Outreas Oounty Ball, Jarkita Brown Fesources Fishali, Bende Green Ministries, Vassar College, Marsio Cliege, DCC, Recovery House, EPC) Weeldy Garden Street, Main St. Firehouse Outreas Oounty Duthness County

Outreach Meeting

Background: This location was brought to our attention by a <u>County</u> employee complaining of the location being unsafe due to IV drug use and drug sales.

Date: Friday 07/15/22

Start time: 2:30pm

End time: 3:30pm

Location: Garden Street entrance for Financial Plaza Parking lot and adjacent lot, Garden Street Lot.

Objectives: Syringe needle pick up wherever possible. Continue presence, make connections with potential participants. Follow up with (client name omitted). Identify location to post flyers (can't do drop bags).

Team compositions (approach, communications, lookout): Team 1 – Tony (Approach) & Lacey (Secondary approach) Debbie (communications/lookout); Team 2 Dana (Approach) & Greg (communications/lookout)

Contact info for team members: Greg (personal cell); Tony; Dana; Debbie,

Route description for each team: Park in Garden Street Lot closest to Garden Street. If people are seen in Garden Street, approach them. After Garden Street Lot outreach, cross over Garden Street to Financial Plaza Garage entrance. Break up into two teams of two, Team 1 covers ramps and parking lot, the Team 2 covers both stairwells. Be sure to check bottoms of stairwells.





Outreach Meeting, Cont'd

Egress points in and out: Entrance on both sides on street level of Garden Street, right side parking garage when face garage. Entrance on Civic Center Plaza side. Two stairwells, diagonal from each other.

Rest areas/restrooms: Dunkin Donuts on corner of Civic Center Plaza and Main, you must ask for a key.

Rally point in case of emergency or getting lost: Dunkin Donuts on Civic Center Plaza and Main

Needed harm reduction supplies: 1 box Nitrile Medical Exam Gloves (wear under utility gloves), Utility Gloves for each team member, 1 Large orange sharps container, 2 grabbers, business cards for each team member, 10 Narcan, 10 Fentanyl Test Kits, 10 Safe Use (add mouthpieces), 10 Wound Care Kits

Needed safety supplies: First Aid Kit

Weather considerations: TBD

Safety Considerations: Stick to the plan and your role as much as possible. Don't wear red, yellow, purple, blue. Don't wear jewelry. Wear closed toed shoes. Dress for the environment. When in pairs, on person needs to be a lookout. Keep cell phone on you, keep volume so you can hear it but not distracting.



Future Plans

- Quarterly OD Spike Response Meetings
- Narcan administration heat mapping
- Debriefs

"Promote in-person interagency collaboration and relationships that may have worsened during COVID-19"

SMARTIE =)

- STRATEGIC—Concretizing commitments and strategies to leverage relationships in order to build capacity and increase impact in the event
- MEASURABLE—Meeting held with commitments from leadership in multiple agencies to work together to outreach during an Overdose Spike Alert
- **AMBITIOUS**—First-ever meeting of its kind in Dutchess County, where so many outreach workers came together and devised a coordinated plan to mitigate death and injury from accidental overdose
- **REALISTIC**—Meeting was held, planning and agreements for outreach were within the already existing scope and resource bounds of all agencies involved
- **TIME-BOUND**—Meeting was held, Overdose Spike Alert system is in place and active. Action to be executed in the event of a Spike Alert
- **INCLUSIVE**—There was significant variance in professional and paraprofessional backgrounds of those who attended the meeting, including law enforcement, master's-level mental health providers, and peers. The outreach is designed to first address the most impacted community of overdose in Dutchess County, the city of Poughkeepsie, which is an urban environment and consists of marginalized persons
- **EQUITABLE**—Emphasis on outreaching unsheltered persons who use drugs in the city of Poughkeepsie

- "The OD Spike Alert outreach plans allow for agencies to join forces in a unique manner to meet the needs of the community. What one organization may not offer the collaboration allows the unified coverage with the same mission of "Making a Difference."
 - —leshea Green, MSW, Dutchess County Law Enforcement Assisted Diversion Team
- "During COVID-19, our agencies were siloed, there was not much ability for interagency collaboration. The OD Spike Alert outreach plan has brought diverse agencies together to build stronger relationships, where we can better assist the community and those who struggle with Substance Use Disorder. It has been an impressive experience to watch agencies join forces; I am pleased to be a part of it."
 - Christina Goebel, CRPA/CARC/CASAC-T/VSR Peer, Assistant Director,
 The Council on Addiction Prevention and Education of Dutchess
 County, Inc.

- "The OD Spike Alert outreach plan takes a proactive stance. By establishing preemptive coordination and fostering open lines of communication among agencies, the plan aims to facilitate quick responses, minimize duplication of efforts, and optimize the utilization of resources."
 - Lori Levine, MSPH, Public Health Education Coordinator,
 Dutchess County Opioid Overdose Prevention Program
- "Meeting in-person to develop and implement the OD Spike Alert outreach plan. Peers had time to get to know each other through introductions and icebreakers. The informal brainstorming setting gave everyone a voice and a face to go with that voice. Peers will be better able to recognize and support each other in the community."
 - —Jim Ball, Mental Health America, Director of Peer Services

Feel free to reach out!

Gregory Gallo, LCSW

Community Engagement & Prevention Coordinator

Dutchess County Department of Behavioral & Community Health

845-486-2790 / ggallo@dutchessny.gov



Tackling a Crisis Through Collaboration:
Addressing the Overdose Epidemic in Cobb County, Georgia

Site Information



- Cobb County
- Marietta, GA
- Year started: March 2019
- Estimated number of overdose deaths per year: 125 (2023-135)
- Size of jurisdiction: 780K
- Funding sources: Department of Justice \$1.2M





THE WALL STREET JOURNAL

U.S. Drug-Overdose Deaths Soared Nearly 30% in 2020, Driven by Synthetic Opioids July 14, 2021

NPR

November 17, 2021

For the first time, drug overdose deaths have surpassed 100,000 in a 12-month period

CNN

Middle-school children fall prey to fatal fentanyl overdoses
February 18, 2022

CNN

In 2021, US drug overdose deaths hit highest level on record, CDC data shows May 11, 2022

The New York Times
'It's Huge, It's Historic, It's Unheardof': Drug Overdose Deaths Spike
July 14, 2021

CNN

Teen overdose deaths are rapidly rising – but not because more of them are using drugs

April 12, 2022

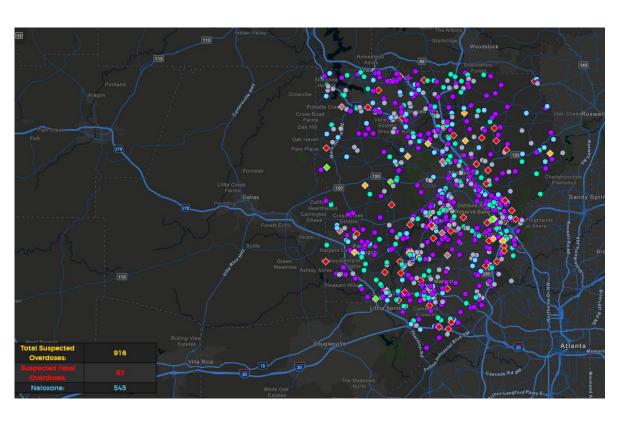
CNN

Overdose deaths continue to rise in the US, reaching another record level, provisional data shows

October 8, 2023







In 2023, our office reviewed 135 overdose fatalities:

Acworth- 8 Kennesaw- 12 Powder Springs- 8
Austell- 15 Mableton- 9 Smyrna/Vinings- 19

Kennesaw- 12 Marietta- 64

Totals for Cause of Death from our Opioid Spreadsheet (missing 10 autopsy reports from 2023):

Cocaine: 8 Heroin: 4 Prescriptions: 5

Cocaine/Fentanyl: 3 Meth: 8 Xylazine (involved): 12

Fentanyl: 63 Meth/Fentanyl: 19

Multi-drug (typically combination of fentanyl, meth, cocaine, etc.): 11 Natural causes/other than OD: 5

All but one (Acworth case) of our known overdoses involving xylazine (11 confirmed so far) have occurred in the South Cobb area:

Austell- 1 Marietta- 5

Mableton- 2 Smyrna/Vinings- 2





















MOBILIZE RECOVERY **BUS TOUR BLOCK PARTY**

At The Zone



WEDNESDAY SEPTEMBER 14 2PM-6:30PM

Tom Farley (SNL's Chris Farley's Brother) tells his Story

Live Music Cook Out



National Recovery Advocates Free Narcan and Narcan Training



Mableton Improvement Coalition - Austell Community Taskforce - Powder Springs Community Taskforce

COMMUNITY TOWN HALL featuring

Cobb District Attorney Flynn Broady

Learn about the District Attorney's Office, The Family Advocacy Center, Accountability Courts and partnership to combat opioid epidemic in Cobb County.



7 - 8:30 pm

Destiny World Church

7400 Factory Shoals Road, Austell GA 30168









- This 2-day strategic planning workshop provides an opportunity for participants to visualize how mental health, substance use, and criminal justice systems intersect in serving this target population.
- The workshop brings together key stakeholders to tap into the specific local expertise necessary to develop a local map of services.
- During the Sequential Intercept Mapping Exercise (SIM), opportunities are identified for diverting people with mental illness and co-occurring substance use out of a costly system and connecting them with appropriate treatment and support services.
- The SIM Exercise helps to identify gaps in services, duplication of services, or areas where different providers are working at cross purposes.





February 6-7, 2023



SEQUENTIAL INTERCEPT MODEL (SIM) MAPPING WORKSHOP

FEBRUARY 6

8:30 AM - 4:30 PM

FEBRUARY 7

8:30 AM - 12:30 PM

COBB COUNTY POLICE ACADEMY 2435 EAST-WEST CONNECTOR AUSTELL, GA

Please use the QR Code to register





Please Join Us for The

FRIDAY, 11/16/2023

Cobb Senior Services Dinner Theater 1150 Powder Springs Street Marietta, GA 30064

TIME: 1:00 PM - 2:30 PM

RSVP TO LORI.JOUTY@DPH.GA.GOV BY 11/10







- **❖** Providing crisis stabilization once someone with an addiction disorder is released from hospitals
 - Identified June 2022, implemented August 2022, services provided by The Zone
- Conducting a preliminary assessment for no-drug arrest (jail)
 - Crisis team responds to call instead of jail; depending on nature of call
 - Identified June 2022, no action on implementation
- Provide Narcan to SUD (substance use disorder) inpatient facilities and local hotels to reduce opioid fatalities
 - Due to recent death reports, fatal overdoses occur at some local inpatient facilities and hotel/motels in the Cobb area
 - o Identified June 22, 2022, implemented February 2023, services provided by Cobb/Douglas Public Health



- ❖ Provide a Vivitrol injection before release from jail (Vivitrol—blocks the effects of opioids, such as heroin or opioid pain medication)
 - Identified June 2022, implemented 2023, services provided by Cobb Co. jail in the event a defendant has a current MAT program prior to intake
- Provide more information to the public regarding the GA Amnesty Law
 - Identified January 2023, implemented November 2023, PSA provided by Cobb District Attorney's Office
- **❖** Incorporate motivational interviewing for first responders
 - Identified December 2023, no action on implementation
- Limited women-only SUD providers (Cobb Co.); more dual diagnosis facilities for women with children
 - Identified January 2024, no action on implementation



- **❖** Provide Narcan to families after a call to home for an overdose
 - Identified September 2021, implemented January 2023, services provided by Cobb District Attorney's
 Office with distribution of leave-behind kits
- Educating the public regarding stigma; stigma related to cops & drugs
 - o Identified January 2023, implemented at town hall November 2023, services provided by Cobb District Attorney's Office with discussion to public and law enforcement of the understanding of stigma
- Add information to pamphlets regarding tolerance levels once an inmate is released from custody (after a period of being sober)
 - Suggested to add pamphlets to reentry kits (harm reduction)
 - Identified June 2023, implemented August 2023, services provided by Cobb & Douglas Public Health with pamphlets & Narcan when released from CCADC





GEORGIA'S AMNESTY LAW PROTECTS YOU

DON'T RUN*CALL 9-1-1

Provides immunity from drug possession charges



Scan for Information

@CobbCountyDA.Org https://www.cobbcounty.org/court s/district-attorney/opioid-project



QUESTIONS?



Fatality Review

Additional Support Available!



OFR Email Exchange

Great way to network with your peers!



OFR Message Exchange Sign-Up

The OFR message exchange is a platform for those involved in Overdose Fatality Reviews to engage with one another. Enrollment in this message exchange is by permission only, and the <u>terms of use</u> apply.

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Training and Technical Assistance (TTA) Request

- Expertise is available to support your OFR efforts
- We are here to help you troubleshoot day-to-day challenges as they arise



Training and Technical Assistance Request

Regardless of funding source, anyone can request OFR training and technical assistance. Expertise is available to support the expansion and development of overdose fatality review (teams) through a variety of formats, including but not limited to:

- Host one-on-one calls to troubleshoot day-to-day challenges
- · Identify available resources and materials
- Connect TTA requestor to peers in the field
- · Present to team or meeting attendees
- · Convene professionals to address a need
- · Facilitate virtual meetings and workshops

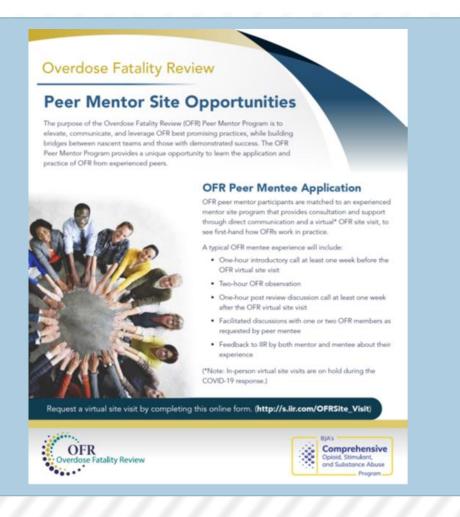


OFR Mentor Site Opportunities



- The purpose of the Overdose Fatality Review (OFR) Mentor Program is to elevate, communicate, and leverage OFR promising practices while building bridges between nascent teams and those with demonstrated success. The OFR Mentor Program provides a unique opportunity to learn the application and practice of OFR from experienced peers
- Interested sites can apply here





Questions?

